

## Find Real Friendship

### Teamwork Can Change My Life (part 11)

You whom I love and long for,  
my joy and crown

Philippians 4:1 NIV



### Three Keys to Real Friendships

#### ❖ Show Some Emotion

1 Therefore, my brothers, **you whom I love and long for, my joy and crown**, that is how you should stand firm in the Lord, dear friends! Philippians 4:1 NIV

You have a special place in my heart. ...God knows **how much I love you and long for you** with the tender compassion of Christ Jesus. Philippians 1:7-8 NLT

Show sincere love to each other as brothers and sisters. **Love each other deeply with all your heart.** 1 Peter 1:22 NLT

I am sending him—**who is my very heart**—back to you. Philemon 1:12 NIV

You have **such a place in our hearts** that we would live or die with you. 2 Corinthians 7:3 NIV

#### ❖ Care Enough to Help

2 I plead with Euodia and I plead with Syntyche to agree with each other in the Lord. 3 Yes, and I ask you, loyal yokefellow, **help these women** who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow workers, whose names are in the book of life. Philippians 4:2-3 NIV

For I wrote you out of great distress and anguish of heart and with many tears, not to grieve you but to let you know **the depth of my love for you.** 2 Corinthians 2:4 NIV

#### ❖ Build from a Base of Joy and Peace

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 **Do not be anxious about anything**, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And **the peace of God**, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:4-7 NIV

“My Father, if there is any way, get me out of this. But please, not what I want. You, **what do you want?**” Matthew 26:39 Msg

This peace **will control the way you think and feel.** Philippians 4:7 CEV

It's wonderful what happens  
when Christ displaces worry  
at the center of your life.

Philippians 4:7 Msg