

Forgiving - How You Can Do It

Real Life Challenges (part 1)



An Inconvenient Prayer

Forgive us our sins, for we also
forgive everyone who sins against us.

Luke 11:4 NIV



Learn to Know If I've Not Let Go

I Rehearse It in My Mind

I Dream about Getting Even

Never seek **revenge** or bear a **grudge** against anyone,
but love your neighbor as yourself.

Leviticus 19:18 NLT

I Keep Talking about It

You will keep your friends if you forgive them, but **you will lose your friends** if
you keep talking about what they did wrong.

Proverbs 17:9 CEV

Watch Out for Unhealthy Substitutes for Forgiveness

Hate stirs up fights. But love **erases** all sins by forgiving them. Proverbs 10:12 NIV

Forgetting What Happened

Pretending It Doesn't Exist

Acting as if It Didn't Matter

Expecting Restored Trust

Getting to There from Here

Then Peter came to him and asked, “**Lord, how often should I forgive someone who sins against me? Seven times?**”

“No!” Jesus replied, “seventy times seven!”

“For this reason, the Kingdom of Heaven can be compared to a king who decided to **bring his accounts up to date** with servants who had borrowed money from him. In the process, one of his debtors was brought in who owed him millions of dollars. He couldn't pay, so the king ordered that he, his wife, his children, and everything he had be sold to pay the debt. But the man fell down before the king and begged him, ‘Oh, sir, be patient with me, and I will pay it all.’ Then the king was **filled with pity for him**, and he released him and forgave his debt.

“But when the man left the king, he went to a fellow servant who owed him a few thousand dollars. **He grabbed him by the throat and demanded instant payment...**”

Matthew 18:21-35 NLT

❖ Deal Honestly with My Own Bitterness and Anger

Don't use your anger as **fuel** for revenge.

Ephesians 4:26 Msg

Lord, test me... Look deep down **into my heart and mind**.

Psalms 26:2 NIV

❖ Decide to Accept the Pain from Others' Sins

God will bless you, if you have to suffer for doing something good. After all, **God chose you to suffer** as you follow in the footsteps of Christ, who set an example by suffering for you. ... **He left his case in the hands of God**, who always judges fairly.

1 Peter 2:21-23 CEV NLT

❖ Trust that God Is God

“Am I God, to judge and punish you? **As far as I am concerned, God turned into good what you meant for evil.** ...Don't you see, you planned evil against me but God used those same plans for my good... No, don't be afraid. Indeed, I myself will take care of you and your families.” And **he spoke very kindly to them, reassuring them.**

Genesis 50:19-21 NLT, Msg